Wet your hands with clean, running water (warm or cold). Turn off the tap and apply soap.

2. Lather your hands completely. Don’t neglect backs of hands, wrists and under nails.

Scrub for at least 20 seconds. Don’t feel like counting? Hum all of “Happy Birthday” twice.

4. Rinse well under clean, running water.

Dry hands completely with an XLERATOR high-speed, energy-efficient hand dryer.